

## 14 400m Individual Medley Women Final

Official

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Adams Maia	21	 Pirates Swi...	0.71		<b>4:56.63</b> Entry: 4:55.97 <span style="color: red;">+0.66</span>
	25m: 14.25	50m: 31.47 (17.22)				
	75m: 49.70 (18.23)	100m: 1:08.46 (18.76)				
	125m: 1:28.00 (19.54)	150m: 1:46.90 (18.90)				
	175m: 2:05.83 (18.93)	200m: 2:24.55 (18.72)				
	225m: 2:45.10 (20.55)	250m: 3:05.56 (20.46)				
	275m: 3:26.31 (20.75)	300m: 3:47.19 (20.88)				
	325m: 4:05.28 (18.09)	350m: 4:22.78 (17.50)				
	375m: 4:40.08 (17.30)	400m: 4:56.63 (16.55)				
2	 Hurley Kate	17	 Pirates Swi...	0.74		<b>4:57.70</b> Entry: 5:02.50 <span style="color: green;">-4.80</span>
	25m: 14.64	50m: 32.16 (17.52)				
	75m: 50.66 (18.50)	100m: 1:09.46 (18.80)				
	125m: 1:29.37 (19.91)	150m: 1:48.39 (19.02)				
	175m: 2:07.44 (19.05)	200m: 2:26.46 (19.02)				
	225m: 2:46.89 (20.43)	250m: 3:07.47 (20.58)				
	275m: 3:28.22 (20.75)	300m: 3:49.28 (21.06)				
	325m: 4:07.38 (18.10)	350m: 4:24.54 (17.16)				
	375m: 4:41.60 (17.06)	400m: 4:57.70 (16.10)				
3	 Sasamoto ...	17	 Enterprise ...	0.62		<b>5:09.74</b> Entry: 5:10.72 <span style="color: green;">-0.98</span>
	25m: 15.23	50m: 32.64 (17.41)				
	75m: 50.55 (17.91)	100m: 1:08.69 (18.14)				
	125m: 1:28.80 (20.11)	150m: 1:48.27 (19.47)				
	175m: 2:07.73 (19.46)	200m: 2:27.17 (19.44)				
	225m: 2:50.15 (22.98)	250m: 3:12.76 (22.61)				
	275m: 3:35.96 (23.20)	300m: 3:59.42 (23.46)				
	325m: 4:18.17 (18.75)	350m: 4:36.17 (18.00)				
	375m: 4:53.80 (17.63)	400m: 5:09.74 (15.94)				
4	 Fisher Jaim...	27	 Enterprise ...	0.74		<b>5:09.95</b> Entry: 5:03.30 <span style="color: red;">+6.65</span>
	25m: 15.28	50m: 32.71 (17.43)				
	75m: 51.03 (18.32)	100m: 1:09.90 (18.87)				
	125m: 1:30.57 (20.67)	150m: 1:50.54 (19.97)				
	175m: 2:10.51 (19.97)	200m: 2:30.32 (19.81)				
	225m: 2:52.32 (22.00)	250m: 3:14.64 (22.32)				
	275m: 3:37.39 (22.75)	300m: 4:00.34 (22.95)				
	325m: 4:18.80 (18.46)	350m: 4:36.54 (17.74)				
	375m: 4:53.84 (17.30)	400m: 5:09.95 (16.11)				
5	 McLaren C...	15	 Trojans Swi...	0.68		<b>5:12.94</b> Entry: 5:14.01 <span style="color: green;">-1.07</span>
	25m: 14.82	50m: 32.68 (17.86)				
	75m: 51.39 (18.71)	100m: 1:10.38 (18.99)				
	125m: 1:30.33 (19.95)	150m: 1:49.52 (19.19)				
	175m: 2:08.95 (19.43)	200m: 2:28.38 (19.43)				

225m: 2:50.35 (21.97)	250m: 3:11.88 (21.53)
275m: 3:34.25 (22.37)	300m: 3:56.78 (22.53)
325m: 4:16.46 (19.68)	350m: 4:35.52 (19.06)
375m: 4:54.46 (18.94)	400m: 5:12.94 (18.48)

**6**  Skidmore E... 18  Trojans Swi... 0.77

**5:14.19**  
Entry: 5:04.12 **+10.07**

25m: 14.51	50m: 31.90 (17.39)
75m: 50.19 (18.29)	100m: 1:08.91 (18.72)
125m: 1:28.64 (19.73)	150m: 1:48.02 (19.38)
175m: 2:07.25 (19.23)	200m: 2:26.79 (19.54)
225m: 2:50.32 (23.53)	250m: 3:13.26 (22.94)
275m: 3:37.24 (23.98)	300m: 4:00.92 (23.68)
325m: 4:19.48 (18.56)	350m: 4:38.14 (18.66)
375m: 4:56.60 (18.46)	400m: 5:14.19 (17.59)

**7**  Dorricott R... 13  Whanganui... 0.85


**5:29.81**  
Entry: 5:39.49 **-9.68**

25m: 16.32	50m: 35.76 (19.44)
75m: 56.27 (20.51)	100m: 1:17.75 (21.48)
125m: 1:38.18 (20.43)	150m: 1:58.63 (20.45)
175m: 2:18.78 (20.15)	200m: 2:38.87 (20.09)
225m: 3:02.88 (24.01)	250m: 3:27.31 (24.43)
275m: 3:51.49 (24.18)	300m: 4:15.97 (24.48)
325m: 4:34.92 (18.95)	350m: 4:53.64 (18.72)
375m: 5:12.37 (18.73)	400m: 5:29.81 (17.44)

**8**  Harper Ma... 13  Trojans Swi... 0.74

**5:31.00**  
Entry: 5:34.87 **-3.87**

25m: 15.68	50m: 34.89 (19.21)
75m: 54.86 (19.97)	100m: 1:16.51 (21.65)
125m: 1:37.45 (20.94)	150m: 1:57.53 (20.08)
175m: 2:17.48 (19.95)	200m: 2:37.71 (20.23)
225m: 3:02.78 (25.07)	250m: 3:27.28 (24.50)
275m: 3:52.15 (24.87)	300m: 4:16.77 (24.62)
325m: 4:36.43 (19.66)	350m: 4:55.20 (18.77)
375m: 5:13.79 (18.59)	400m: 5:31.00 (17.21)

**9**  Elers Eva 12  Trojans Swi...

**5:37.46**  
Entry: 5:45.50 **-8.04**

25m: 16.46	50m: 36.67 (20.21)
75m: 58.60 (21.93)	100m: 1:20.85 (22.25)
125m: 1:43.30 (22.45)	150m: 2:04.33 (21.03)
175m: 2:25.51 (21.18)	200m: 2:46.91 (21.40)
225m: 3:11.24 (24.33)	250m: 3:35.55 (24.31)
275m: 4:00.28 (24.73)	300m: 4:24.78 (24.50)
325m: 4:43.57 (18.79)	350m: 5:02.01 (18.44)
375m: 5:20.33 (18.32)	400m: 5:37.46 (17.13)

**10**  Carter Pho... 13  Ice Breaker... 0.75

**5:40.57**  
Entry: 5:42.86 **-2.29**

25m: 17.33	50m: 38.15 (20.82)
75m: 1:00.85 (22.70)	100m: 1:24.77 (23.92)
125m: 1:46.48 (21.71)	150m: 2:07.74 (21.26)
175m: 2:28.76 (21.02)	200m: 2:49.89 (21.13)
225m: 3:13.38 (23.49)	250m: 3:36.77 (23.39)
275m: 3:59.98 (23.21)	300m: 4:23.80 (23.82)
325m: 4:43.86 (20.06)	350m: 5:02.86 (19.00)
375m: 5:22.54 (19.68)	400m: 5:40.57 (18.03)

11



Lott Annab...

15



Napier Aqu...

0.73

5:46.02

-11.77

Entry: 5:57.79

25m: 15.70  
 75m: 53.94 (19.72)  
 125m: 1:38.26 (24.03)  
 175m: 2:23.46 (22.55)  
 225m: 3:11.77 (26.19)  
 275m: 4:02.18 (24.64)  
 325m: 4:47.68 (20.36)  
 375m: 5:27.48 (19.82)

50m: 34.22 (18.52)  
 100m: 1:14.23 (20.29)  
 150m: 2:00.91 (22.65)  
 200m: 2:45.58 (22.12)  
 250m: 3:37.54 (25.77)  
 300m: 4:27.32 (25.14)  
 350m: 5:07.66 (19.98)  
 400m: 5:46.02 (18.54)